



new Bernal Journal

February/March '95

Serving the Bernal Heights Neighborhood of San Francisco

Volume 32 • Number 2 • Free!

Cesar Chavez Street: At what price honor?

By Vicki Victoria

On January 9, the San Francisco Board of Supervisors voted unanimously to rename Army Street "Cesar Chavez Street," in honor of the founder of the United Farmworkers. Caltrans, however, put a hold on any renaming ceremonies when they announced a \$900,000 price tag to modify the street's freeway signs.

Supervisor Susan Leal was stunned at the Caltrans estimate. On January 26, Leal met with Caltrans representatives to discuss alternatives to the expensive estimates. These cost cutting ideas included abbreviating the street's name to "C. Chavez Street" or "Chavez St." in order to reduce the need for larger and more expensive resigning.

Since there is a five year transition period for changeover of the street name, Leal also proposed that Caltrans phase-in the resigning with their existing plans for regular maintenance and upkeep of the existing signage.

The original resolution which proposed renaming Army Street only east of Guerrero, was originated by former Supervisor Bill Maher. Leal offered an amendment to rename Army Street in its entirety for Cesar Chavez.

"This is the right time for our city to show that we value the life

Market Heights Groundbreaking



Breaking ground on the Farmers' Market hillside: Stan Smith (SF Building and Trades Council), Larry Smith (Roberts/Ohbayashi Construction Company), Dan Beaton (Wells Fargo Bank), Stuart Stoller and Bob Herman (Herman, Stoller, Coliver Architects), Helen Helfer (Bernal Heights Housing Corporation), and Mayor Frank Jordan. For more on Market Heights, see page 15...

Bernal Environmental Alert

Bernal may get shaft from a 240 megawatt powerplant

By Beth Abrams

After a year and a half of intense political struggle against the Crosstown Tunnel and surge shaft, Bernal Heights now faces the imminent threat of huge amounts of air borne toxics from a proposed

240 megawatt electrical and steam co-generation powerplant.

In August of 1993 the San Francisco Energy company beat PG & E's bid at an auction to determine which company would get the contract for a 240 megawatt electric and steam co-generation powerplant. Two sites, both in the already heavily contaminated Bayview District, are currently under consideration—one at Innes Avenue, and one at the Port site at Cargo Way. Application for the power plant was filed in 1994. There is a twelve month review process

Continued on page 9...

An Invitation to Our Neighbors

1995 Community Congress Coming in March!

The Bernal Heights Community Congress, sponsored by the Bernal Heights Neighborhood Center and its membership, will be held this year on Saturday, March 11th from 9:00 a.m. to 2:00 p.m. at the Neighborhood Center, 515 Cortland Avenue.

Dear Neighbors:

The Congress is open to all interested neighbors, so mark your calendars now and plan to be there! As usual, childcare will be provided and an informal "get to know your neighbors" lunch will be served to all participants from 1:00-2:00 p.m.

The Congress is an opportunity to hear about the great accomplishments which we as a neighborhood center and neighborhood have achieved this past year; to actively participate in developing our community's agenda for the coming year; and to vote for this year's BHNC Board members.

S.F. Supervisor Tom Ammanno, a long-time Bernal Heights resident, will also participate to help us prioritize and propose real solutions to neighborhood concerns.

In an active effort to touch base with more neighbors, we're holding house meetings around the hill during February and early March as we did last year. The purpose of these smaller gatherings (anywhere from five to 25 people) is to hear your concerns and suggested solutions about community, youth, and senior concerns and problems. The house meetings also allow us to share information on the Center's programs and recruit new members. These sessions will be no longer than an hour and a half in length and will be open to all neighbors, including BHNC members and those others who have concerns they'd like to share.

We hope you will host or attend one of these house meetings. Please give us a call at 206-2140 to sign up, and we'll have a BHNC staff member get back to you as soon as possible.

After all the house meetings have been held and the issues discussed, we will put together a master list of issues for the Congress. Neighbors from around the hill will then have an opportunity to see what the priorities are throughout the community. Our goal this year is to prioritize the key areas of concern at the Congress and invite the community to

join working committees to address these concerns throughout the year.

Last year's priorities were to address the needs of youth, especially in the area of employment; and traffic, lighting, and street problems. Below is a list of accomplishments on addressing these and other community issues in 1994.

This year you will also have an opportunity at the Congress to vote

**Come to the
Community
Congress
Saturday,
March 11,
9:00 - 2:00**

for current and new Board Members. BHNC members interested in running for the Board can pick up an application at the Center, or we'll gladly mail you one.

Some of our key accomplishments this past year include:

- We coordinated services for 1,750 children and youth through the Greater Mission Consortium (GMC) including 350 youth employment opportunities through Enterprise For High School Students, a GMC collaborator. The GMC is administered by the Bernal Heights Neighborhood Center. In addition, the BHNC's Mayor's Youth Employment and Education Program (MYEEP), Summer Youth Employment and Training Program (SYETP), and Ready For Work/Job Development (RFW/JD) placed over 250 youth in employment settings.

- Through work with neighbors, Bernal Heights was granted \$150,000 from the Recreation & Park Open Space Committee to renovate the Bernal Playground play structure and an additional \$50,000 to the Precita Valley Committee to renovate the West End of Precita Park.

- We've actively supported tenant organizing in Bernal Dwellings in their effort to gain a strong voice in that project's future.

- We have expanded our Gang Prevention Program to not only work in the community but also with at-risk youth in Balboa High School, and Denman, Burbank and Lick Middle Schools.

- Working with the Department

Continued on page 5...

People on the Hill Don Casella's dreams come true in Bernal

By Dorothy Coakley



Bernal resident Don Casella is the director of the Career Center at San Francisco State University

adopt another child. We knew we needed a house in an activist neighborhood, a neighborhood with a sense of pride in itself. We couldn't afford a house that was exorbitant in price, and we knew that we wanted ourselves and our children to feel comfortable in the community. So Bernal was the perfect choice. Now we have a great view of downtown."

Don and Vicki adopted their son, Rolando, last July in an international adoption. He's five years old, with a contagious bubbly laugh and is obviously the pride of his parents. "We live at the top of three flights of stairs but you'd never know it when you watch him get up them so fast." Rolando was born in South America; his new parents flew down to meet him and bring him home to Bernal Heights. "There are several other couples in Bernal who have adopted children through the same agency. We think he will

Continued on page 7...

new Bernal Journal

515 Cortland Avenue, San Francisco, CA 94110 • (415) 206-2144

The New Bernal Journal is a bi-monthly neighborhood newspaper sponsored by the Bernal Heights Neighborhood Center. It is dedicated to providing the people of Bernal Heights with community news, ideas, issues, and events that support the Center's mission: "To empower people in efforts to preserve the ethnic, cultural, and economic diversity of Bernal Heights and improve the economic condition of low and moderate income people in Bernal Heights." The New Bernal Journal is distributed door to door, free in Bernal Heights. Articles express the views of contributors and not necessarily those of the Bernal Heights Neighborhood Center.

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We reserve the right to edit for clarity or space.

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New Bernal Journal Staff/Volunteers

Publisher Bernal Heights Neighborhood Center
Helen Helfer, Exec. Director, Mauricio Vela, Center Director
Editor Vicki Victoria
Youth Assistant Anthony Alburto
Art Production/Photos Victoria Graphics
Distribution David Rogers & a cast of hundreds!
Contributors Mauricio Vela, Helen Helfer, Dorothy Coakley, Ed Roper, Jessica Murray, Joy Ferguson, Barbara Pitschel, Gloria Allen, Monica Conrad, Ellen Egbert

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Future green thumbs at Alemany



Alemany Housing Development Youth Garden Interns, Ayofemi Bryant and Tanay Rochette are just two of twenty-four teens who are paid to learn gardening and landscaping skills in an afterschool job program run by the San Francisco League of Urban Gardeners (SLUG). SLUG's next Alemany "Farm" Community Workday is Saturday, April 8th from 9:00 a.m. to 1:00 p.m. Call 285-7584 for more information.



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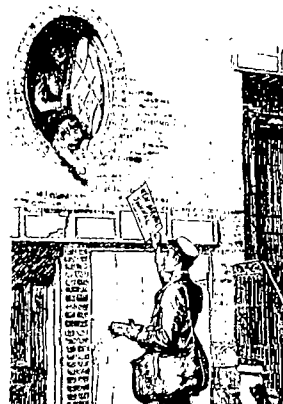
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Neighbors needed to deliver Project Open Hand meals in Bernal

By Vicki Victoria

Project Open Hand has been feeding people with AIDS now for nine years. The home delivered meals provide people with AIDS with the proper sustenance to fight their disease, keep up their spirits and better tolerate often drastic medical treatments. Three organizations in Bernal Heights are combining their volunteer efforts to help Project Open Hand continue their mission.

Two neighborhood churches, St. Anthony's and St. Kevin's and the Bernal Heights Neighborhood Center are taking on the vital role in coordinating local meal deliveries to the 21 Bernal residents currently being served by Project Open Hand.

Each day, Project Open Hand cooks 2,000 hot, nutritious meals for people with AIDS, seven days a week, 365 days a year. Bernal Heights residents are needed to volunteer to take 21 of these meals daily to the homes of those suffering from AIDS.

Volunteers would make a commitment to pick up the hot meals at the designated Bernal location either once a week or once a month. Using their own cars, the volunteers would then fan out across Bernal bringing health-enhancing food to people with AIDS who otherwise might not eat.

"Your meals have meant the difference! The difference between eating and not eating," said a meal recipient, Richard, in a letter to Project Open Hand. Richard had lost 20

pounds after coming home from the hospital and was in no shape to cook for himself. "Thanks to your 'open hearts' I can now get around and have started to put on weight."

Today, over 12,500 people have died of AIDS in San Francisco alone. Currently, more than 28,000 are infected with HIV. Yet, despite these devastating statistics, Project

Open Hand has never had to turn down a request for help from a person with AIDS. This huge task, nothing short of miraculous, is possible through the caring and commitment of people who volunteer to support the effort.

The time and energy that Project Open Hand volunteers contribute each day is priceless. To someone who is alone and often frightened, this caring and love are sometimes as healing as the nutritious food that is delivered.

St. Anthony's Church, St. Kevin's Church and the Bernal Heights Neighborhood Center are hoping that compassionate and caring neighbors in Bernal Heights will step forward to lend a hand as they coordinate the meal delivery route for our community.

To find out how you can help, come to the Project Open Hand in Bernal Heights Orientation and Potluck on Sunday, February 26, from 4:00 - 6:00 p.m. at the Bernal Heights Neighborhood Center, 515 Cortland Avenue. For more information about volunteering, call St. Anthony's Church at 647-2704.

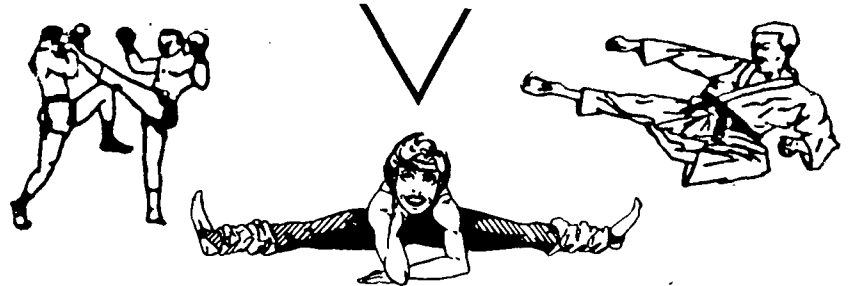
"A young neighbor of mine died last week. But during the last, and what must have been most poignant part of his life, you fed him. Such a simple act. Such a humbling lesson."

- A letter to Project Open Hand

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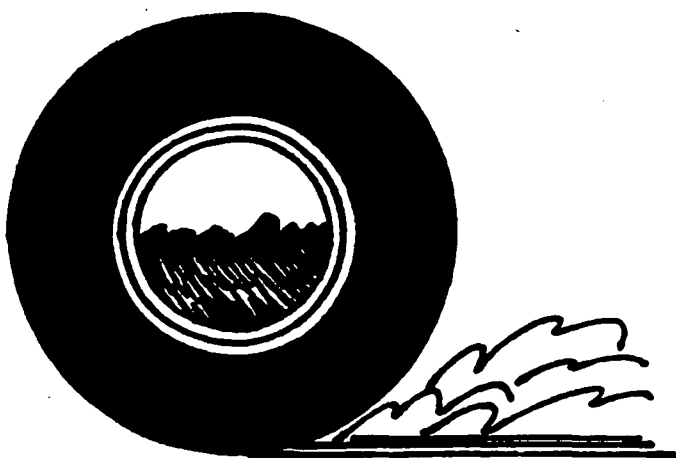


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Latino Issues lecture series

Prominent Latino scholars will be visiting UCSF for a new lecture series to focus on Latino issues, ethnic studies and health.

Tuesday, February 14

"The Myths of Latino Culture and Identity" or "Will the Real Latino Please Stand Up?"

Alex Saragoza, PhD, professor of ethnic/Chicano studies at UC Berkeley, will talk about the Latino identity. Saragoza has just completed a book on the radio and television industry in Mexico.

Tuesday, March 7

"Acculturation and Alcoholism in Latino Communities"

Jose Cuellar, PhD, professor and chair of ethnic studies at San Francisco State University, will discuss alcoholism in the Latino culture.

Lectures will be held from noon to 1:30 p.m., in the UCSF School of Nursing, room N721, 521 Parnassus Avenue, on the UCSF campus. For more information, call 476-1805.

**Don't Miss
the April/
May '95 issue
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Computer service links HIV-infected to clinical trials

By Alice Trinkl, SFGH/UCSF

A convenient, free, personalized computer service that matches HIV-infected individuals to currently available clinical drug trials, has been announced by the Community Consortium.

The service, called Trial Search, takes personal medical information and matches it by computer with more than 100 clinical trials available in the greater Bay Area. Trials Search was originally developed by the Institute for HIV Research and Treatment at Davies Medical Center in San Francisco.

The computer prints out descriptions of every trial for which an individual is eligible, based upon the person's medical history. Often these trials are the first place for an HIV-infected individual to gain access to promising new treatments. The descriptions of trials are written simply, minimizing medical jargon, to eliminate the often confusing technical language that makes it difficult for people to access trials.

The Community Consortium is an association of more than 200 Bay Area HIV health care providers who care for the majority of persons with HIV in the Bay Area. The Consortium is affiliated with the UC San Francisco AIDS Program at San Francisco General Hospital. For more information or to request a Trials Search questionnaire, call David Townley, 476-5777.



Over 150 Neighbors participated in last years Community Congress to discuss the main issues and concerns of residents. Safety, graffiti and vandalism and crime were among the top concerns of neighbors who attended the annual meeting last March at the Bernal Heights Neighborhood Center.

Community Congress

- From page 1...

of Traffic and Parking and the Department of Public Works, Bernal was the recipient of various new stop signs, tree cuttings to improve lighting, and other street improvements throughout the neighborhood.

• We returned the BEST (Bernal Elders Support Team) program to the Neighborhood Center (at our 513 Cortland space) and have developed a continuum of care for older Bernal residents. Through our Senior Services Program we provided community and social services to over 500 well and frail seniors in Bernal Heights.

• Our sister organization, the

Bernal Heights Housing Corporation, broke ground on Market Heights which will provide critically needed affordable housing for low and moderate income families. BHHHC also completed the rehabilitation of a two unit home on Precita Avenue for families and individuals who are HIV positive. We can only continue the high level of achievements like these

Continued on next page ...

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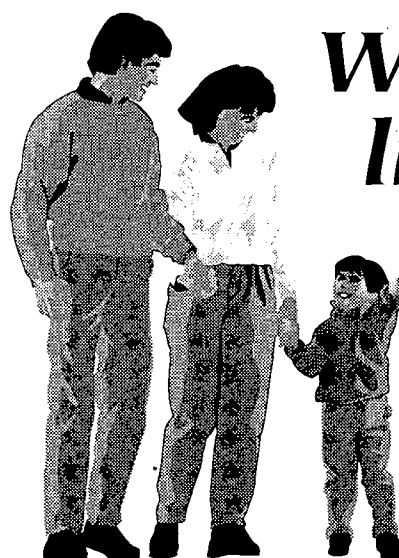


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Bernal Heights Community Congress

What:

Annual Bernal Heights community meeting to discuss youth, senior and neighborhood concerns and issues.

When:

Saturday, March 11, 1995

Time:

9:00 a.m. - 2:00 p.m.

Where:

Bernal Heights Neighborhood Center, 515 Cortland Avenue (at Andover St.)

Call:

206-2140 for more information regarding House Meetings, Community Congress, BHNC membership and applications for Board of Directors.



By participating in the annual Community Congress, Bernal neighbors are able to organize themselves around their community concerns in order to fight for more city services and improve their quality of life.

with your support. If you are a current BHNC member, please renew your membership today using the Membership Form in this issue of the *New Bernal Journal*. If you'd

like more information on the Neighborhood Center's work, please stop by the Center or give us a call at 206-2140. We'll gladly take you on a tour of our Neighborhood

Center or send you our latest brochure.

See you at the Congress!
Bill Sorro, Board President
Helen Helfer, Executive Director
Mauricio Vela, Center Director

Bernal Heights Neighborhood Center Members 1994

The BHNC would like to thank the following individuals for their support in 1994:

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Jane Krivich	Esther Johnson	Jesus V. Sario	Cooperativa Popular Teodosia	Odis L. Dodson
Jill Pennington	Kenneth Corrigan	Tim Turner	Joan G. Brown	Celia A. Rodriguez
Mary Foy	Shelby Kennedy	Judy Kurtz	Jesus V. Sario	Helen Martin
Olga Pellegrini	Melinda Mills	Norma F. Quilantang	Pat C. Carrillo	Seth Ammerman
Julia Riddell	Helen Parnell	Senator Milton Marks	Eva Martinez	Thomas Muer
Oliver Saunef	Penny Polatsch	Alfredo T. Domaoan	Christina Vela	Susann Muer
Vernon Tarriel	Pauline Protschan	Florencia Esperanza	Ray Solis	Patricia Dugal
Rose Spiller	Victoria Vasey	Barbara Arbucci	Jack Biancalana	McDougal Barrett
Grace Williams	Celia Vega	Guido L. Borgis	Carlos P. Vela	Myrtle Stevens
James Williams	Margaret Wilson	Nicola Griffin	Maria Q. Vela	Eric A. Beckstrom
Sylvia M. Yee	Virginia Estelita	Hope Kamimoto	Carlos Vela	Michele C. Beckstrom
Demece Garepis	David L. Rogers	Marcellina D. Wilson	Edward Vela	Georgie Berry
Joan Art	José Luis Moscovich	Alfred Kielwasser	James C. Wolf	Pamella Red Bird
Arthur Atkinson	Natalia C. Gonzalez	Michael Paolercio	Richard A. Cabling	Dien Red Bird
Leonard Brøger	Judith Janec	Alison Moed Paolercio	Michael J. Victoria	John T. Curbo
Beth Pewther	Peter Armour	Jonathon Rapp	Deanna Victoria	Elaine Stoller
Ninfa Castrillo	Marvin Banks	Monica Lee	Jennifer Victoria	Roberta S. Whipple
R.P. Copperud	Anna Brandi	Rose M. Vallerga	Maria I. Laiva	B. Tharp
Gregory Gavin	Frank DeRosa	Lester Zeidman	Suzanne Hockel	Laura Bresler
Bambi Menes	Joan Holden	J. Guillot S. Wilson	Sara Anduha	Bruce Johnson
Beulah Heagren	Connie Inouye	Annie Trusty	Anita M. Tuason	Sarah Gallegos
Robert Henderson	Daro Inouye	Clifford Trusty	June Ahern	Nicolas Tomey
Mindy Linetzky	Mary Marchetti	Florencia Tabora	David Castaneda	Jessica Uhl
Peter Leaf	Tim Molinare	Rolando F. Soriano	Steve Guillen	Andrew Bartlett
Florence Mosley	Bill Rumpf	Julian M. Navarro	Ricky Cortot	Diane Whitmore
Carmen Muñoz	Eve Rumpf-Sternberg	Comet & Molly	Nick Guzman	Leslie Phillips
Ann Ostrander	Mauricio Vela	Ellen Egbert	Nancy Rivera	Leslie Reif
Diane Ross	Betty Soriano	Sandra Marilyn	Suzanne Montes	Michael Blecker
Joost Van Son	Noester Soriano		Miriam Cardenas	Carol Blecker
Gerald Whitehead			Monique Lawson	Florencia C. Cariaga
Gavina Aurelio			Juan P. Hercules	Veronica C. Cariaga

PARTICIPATE IN THE FUTURE OF BERNAL HEIGHTS!



Join the BHNC!

As a member who lives in Bernal you are eligible to vote for the BHNC Board of Directors at the Annual Community Congress, receive newsletters and meeting notices, participate in our services and activities, and have a say in shaping the future of Bernal Heights!

My annual membership dues are enclosed. I subscribe to the mission and goals of the Bernal Heights Neighborhood Center.

name _____

street address _____

apt. # _____

city _____

state _____

zip _____

phone _____

race/ethnicity (optional) _____

date _____

ANNUAL MEMBERSHIP DUES:

- | | |
|--|--|
| <input type="checkbox"/> Regular \$15 | <input type="checkbox"/> Churches/Non-profits \$25 |
| <input type="checkbox"/> Senior or Low-income \$5 | <input type="checkbox"/> Business \$50 |
| <input type="checkbox"/> Youth \$1 | <input type="checkbox"/> Supporter \$50 |
| <input type="checkbox"/> Family \$25 | <input type="checkbox"/> Friend \$100 |
| <input type="checkbox"/> new membership <input type="checkbox"/> renewal | |

I am interested in working on:

- | | |
|--|---|
| <input type="checkbox"/> Youth activities/jobs | <input type="checkbox"/> Community Organizing |
| <input type="checkbox"/> Senior services | <input type="checkbox"/> New Bernal Journal |
| <input type="checkbox"/> Membership | <input type="checkbox"/> Fundraising/events |
| <input type="checkbox"/> Other _____ | |

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San Francisco, CA 94110

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Don't overlook those tax deductions!

The following is just a partial list of items that the federal government will allow you to take as itemized deductions. Be sure to have all of your receipts, bills, payment stubs, cancelled check and other proof of these expenses on file:

Taxes:

State taxes
Real estate taxes
Personal property taxes
Estate tax on income of a decedent
Tax return preparation fees
Medical and dental costs including:
Prescription medicines, Insulin
Doctor and dentist fees
Nursing fees, Hospital expenses

Dentures, Eyeglasses
Medical insurance premiums

Home:

Home mortgage interest
Points paid on the purchase of residence

Work related:

Work clothes not suitable for normal wear
Uniforms
Dues to work-related professional societies
Union dues, Employment-related education
Subscriptions to professional magazines
Cost of looking for a new job
Employee's malpractice insurance premiums
Medical exams required by employer
Tools and supplies used in employee's work

Losses:

Gambling losses to the extent of winnings
Casualty losses, Theft losses

Other:

Investment interest
Charitable contributions
Hobby expenses to the extent of hobby income

Fast answers for State Income Tax

By Jim Reber,
California Franchise Tax Board

Good news this year for state income tax filers is that assistance is just a phone call away. Answers to the most commonly asked tax questions are available 24 hours a day through F.A.S.T. (Fast Answers about State Taxes) telephone service Franchise Tax Board (FTB).

The F.A.S.T. telephone service can also be used for ordering tax forms and to find out the status of your state tax refund during the hours of 6:00 a.m. to 10:00 p.m. Monday through Saturday. Taxpayers can refer to the back of their tax booklet for instructions on using F.A.S.T. The toll-free number is 1 (800) 338-0505.

For the first time Californians can choose to have their returns filed electronically by a qualified tax preparer. Electronically filed returns significantly reduce errors and FTB guarantees that refunds from returns filed electronically will be issued within two weeks.

Some 540A forms have an error. The error affects only those taxpayers who reported unemployment insurance on their federal form 1040 and also file a 540A form. On side two-part one, the form erroneously refers to line 20 of their federal form 1040 for the amount of unemployment insurance. They should refer to line 19 of their federal form instead. For

Poetry Corner

Bernal Heights A Refuge in the 1906 'Quake

*Buildings shook, then came tumbling down
As an earthquake hit
San Francisco town.
Fires raged--smoke billowed high.
The sun disappeared from the
lowering sky.*

*To Bernal Heights the homeless came--
(Once known as Nanny Goat
Hill by name).*

*They pitched their tents, then settled down
When the earthquake hit
San Francisco town.*

- By Roxanne Anderson

state purposes unemployment compensation is not taxable. For more information taxpayers can call the F.A.S.T. telephone service and enter code 618.

FTB reminds taxpayers that the earlier they file the quicker they will receive a refund. Those taxpayers filing in February will generally receive their refund within two to four weeks. Those filing in March/April could have a wait of six to eight weeks. Last year nearly nine million taxpayers had an overpayment or refund. The average overpayment was \$421, up \$24 from the previous year.

OVERPAYING YOUR TAXES?

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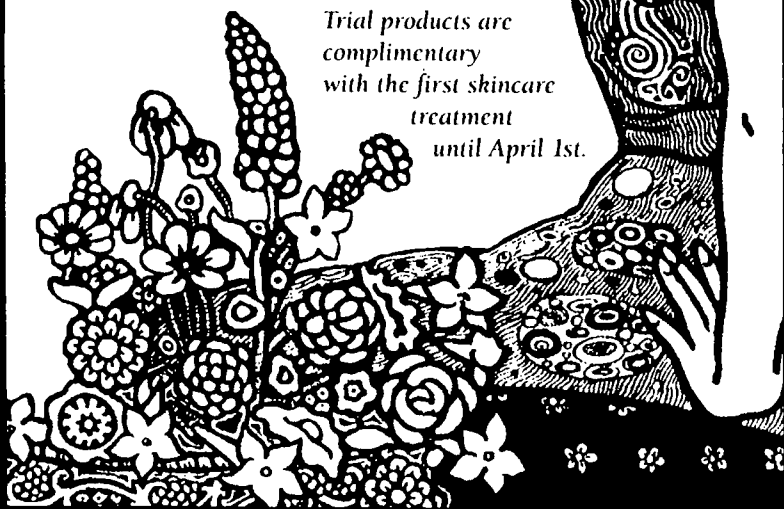
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Community Center Day
February 12th**

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Sunday 6-10 pm, no cover

Special Guest and performance by dance troupe,

ALL AH WE

Every Sunday in February has a Mardi Gras
Party. DJ's vary, no cover for any, special
guests, free dance classes each Sunday from
5:30 to 6 pm

3158 Mission

Around the Neighborhood

With Gloria Allen

A Passionate Collector

On a stormy January evening with southeast winds blowing and rain pouring down, I had the warm pleasure of meeting with a Bernal Heights family—Karin Roper and her father, Ed Roper, a retired San Francisco Public School history teacher. Amid the memorabilia at Karin's eclectic store, Dark Horse, Ed pulled up three mismatched chairs into a circle and we sat and talked about family history, romance and comforts for the soul. As we talked, we were totally oblivious to the passage of time and the unfriendly, threatening weather outside on Cortland Avenue.

Karin's ever-changing collection of Victorian, medieval, gothic and "just plain stuff" items has fascinated me from the first day I discovered her shop. Ed is responsible for inspiring Karin's passion for browsing and collecting. When she was a little girl,

Ed would take Karin to second-hand and antique shops, especially one that was on 2nd and Clement and run by two ladies who kept their woodburning stove going. Karin would rearrange the furniture in the doll houses they had for sale as the aroma of the wood burning stove comforted her while she dreamed about someday having her own store.

Karin says that her father is walking history. Ed's interest in street names propelled him to actually walk the streets and discover the history behind the names and share his findings with us in his *New Bernal Journal* column.

Today Karin lives in the lower flat of a house her great grandfather John Johnson built on Prospect. Karin spent many days visiting and growing up in the upper flat which her grandmother Helen Elizabeth Roper occupied. Here she viewed the Bernal landscape from the windows of the upper flat and discovered "things" in the basement.

Helen grew up and lived her whole life in the flats on Prospect, where her son Ed was born. John had built two houses on Winfield and then the flats on Prospect. The family was attracted to Bernal Heights because of the views and its closeness to the shipyards. Ed remembers stories of his family watching the City burn from the top of Bernal Hill in 1906. He also remembers there was no damage to Bernal Heights after the 1989 earthquake.

Wanderlust brought Ed to Majorca in 1956, where he met his wife, Ann-Mari, when she was docked there on a Swedish liner where she worked as the ship's secretary. Their timethere together was short but memorable. Eventually, they met again in New York City and this time Ann-Mari did not return to the ship or Sweden and instead married Ed in San Francisco where they raised three daughters, Karin being the youngest, and a son.

Karin's plans for Dark Horse are to specialize in gargoyles and exquisite hand-dipped candles while continuing to sell "interesting things." It was raining hard when I stepped out onto Cortland, but I no longer felt the cold dampness.



Ed Roper with his daughter, Karin Roper, at her eclectic Cortland Avenue shop, Dark Horse.

Casella *From page 1...*

feel at home in this neighborhood."

The family enjoys vacations together, from having driven their van across the country to exchanging homes for a summer with a family from England. He recommends the home exchange as a means of seeing another country to other Bernal residents. "We got to know England well, and our exchange partners got a chance to see our neighborhood and meet our friends."

Don is becoming active in the Bernal community and felt good about attending a small neighborhood meeting at the Neighborhood Center. He hopes that other neighbors will avail themselves to the services that the community has to offer. "Even though we are newcomers to the area, we know it's the right place for us. Bernal Heights' really is our dream."

Don's interesting careers through the years include serving as a Roman Catholic priest in

Potrero Hill. "Father O'Malley of St. Kevin's was always a hero of mine. He invariably took the part of the people."

Vicki is the head of Special Education, Deaf Studies at S.F. State. The niece whom they raised is Deaf. Perhaps Vicki acquired her interest in deafness while raising the child? "No, that has always been Vicki's area of career interest. It just happened to work out that way," says Don.

Today, as director of the Career Center at San Francisco State University, Don helps a lot of people find their careers. The Bernal Heights resident directs a professional staff who are trained job counselors. "We serve students for free, and alumni for a small fee. We help them find both career positions and short time jobs to get through school. It's a joy to work at State because the school is an activist school; people attending classes here really plan to do something significant with their lives. At the Career Center we help them fulfill their dreams."

Don Casella has a way of making dreams come true.

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Gloria Allen

Low interest home repair loans still available

By Chloe Fiering,
BHHC Project Developer

The Bernal Heights Housing Corporation (BHHC), the nonprofit housing corporation affiliated with the Bernal Heights Neighborhood Center, is currently accepting applications from Bernal Heights low and moderate income homeowners who need significant repairs made in their homes. Loans of up to \$40,000 are available at only three percent interest for repair of roofs, stairs, foundations, plumbing, electrical work, or other repairs needed in the home. For smaller projects, zero interest loans are available up to a maximum of \$7,500. These rates are much better than could be obtained from a bank or any other conventional lender.

Jose Suarez is in the process of applying for a CHRP loan now. His loan will cover replacement of his foundation, a new roof, some plumbing and limited remodeling for his home on Richland Street. In explaining why he approached Bernal Heights Housing Corporation, he says "I wanted assistance with the process of locating contractors and to receive other technical help. And I needed the financial assistance. I wanted to be very careful in rehabbing the house. It's important to me: it's the place I live and it's my largest investment. It's also important to me to stay within costs."

These loans are part of an effort by the Mayor's Office of Housing to assist households who could not



Bernal homes like this Anderson Street house have qualified for low cost repair and renovation loans through the BHHC.

otherwise afford to keep their homes in good repair. BHHC has been selected to administer the loan programs, called the Community Housing Rehabilitation Program (CHRP) and the Code Enforcement and Rehabilitation Fund (CERF), in the Bernal neighborhood. The programs are targeted to property owners who have owned their house for at least one year and qualify under established maximum family income guidelines (see box). Priority activities include the correction of life threatening hazards and health and safety code work. BHHC is available to assist the homeowner with determining what work needs to be done, selecting and overseeing the contractor, and negotiating the loan process with the City.

Ninety-four homes have been assisted by this effort since BHHC first got involved in the program in 1981. Florence Mosley, a long-

time resident of Bocana Street, testifies to her good experience with the CHRP loan program: "I've lived here over 50 years and I needed a loan to repair my retaining wall and a few things done in the house. I couldn't get a loan from the bank so I contacted the Bernal Housing Corporation. They replaced the retaining wall which was slowly moving toward my neighbor's yard, they replaced a shower that didn't work for years, and helped me with plumbing, electrical work, and other things that needed to be done. I have been very pleased with their work."

The terms of the loan program are also extremely attractive: in most cases repayment can be deferred for ten years or until the sale of the property. The homeowner can also choose to start repayment right away, with monthly installments amortized over 10 to 15 years. Senior citizens can defer

repayment indefinitely. Bill Sorro had been unemployed for a year and a half when he and his wife Guiliana applied for the CHRP loan. Bill and Guiliana, who live on Anderson Street, found the CHRP loan attractive because they could defer payments for ten years. The CHRP loan gave "us the ability to keep the house in the family, to keep the house up so that it doesn't become a dump. [Now] the kids have a part that we can give to them..., a great home that hopefully they'll keep and maintain and continue to be part of Bernal Heights as we've been for generations," says Bill.

For more information, call Chloe Fiering at 206-2151 or Ruthy Talansky at 206-2147 or stop by the Neighborhood Center at 515 Cortland Avenue to pick up an application.

WHO IS ELIGIBLE? Maximum family income guidelines

Family of 1:	\$27,950
Family of 5:	\$43,100
Family of 2:	\$31,900
Family of 6:	\$46,300
Family of 3:	\$35,900
Family of 7:	\$49,500
Family of 4:	\$39,900
Family of 8:	\$52,650

SU CASA NECESITA REPARACIONES?

Dueños de casa con bajos ingresos pueden calificar para el Programa de Préstamo para Rehabilitación de Vivienda en la Comunidad (CHRP) de la Ciudad de San Francisco. El programa ofrece préstamos hasta por \$40,000 a solo 3% de interés, y asistencia identificando todo lo que necesita reparación y ayuda en encontrar contratistas. Nuevos techos, reparaciones de escaleras y fundaciones, trabajo de plomería, trabajo eléctrico, reparación general de baños, cocinas y otras áreas de su casa pueden ser cubiertos. Recoge una aplicación en la Corporación de Vivienda de Bernal Heights, 515 Cortland.

Affordable housing funding in jeopardy

By Chloe Fiering,
BHHC Project

The United States Congress is back in session, and among the proposals being discussed are several which could result in completely cutting off all funding for affordable rental housing and homeownership loans.

If any of these proposals come to pass, organizations like the Bernal Heights Housing Corporation would no longer be able to provide the rehabilitation loans and new rental units as discussed in the other articles on this page.

Please call Senators Dianne Feinstein and Barbara Boxer and Representative Nancy Pelosi at the Capitol Switchboard (202/224-3121) and President Clinton at 202/456-1111. Tell them that you support funding for affordable housing in your community!! Speaker of the House Newt Gingrich can also be reached through the Capitol Switchboard.

For more information, call Chloe Fiering at BHHC (415/206-2151).

BHHC Video

If you are interested in learning more about BHHC, watch "Building the Dream." This 15 minute video, co-produced by Alvin and Chloe Fiering, is designed to acquaint viewers to the history of the BHHC, to explain our programs, and to introduce to their Bernal neighbors some of the fine tenants and homeowners who have received assistance from BHHC. Call Chloe Fiering at 415/206-2151 to set up a screening.

Soul Food Dinner



Friday, February 24, 1995
6:00 - 9:00 p.m.

Celebrate our African-American Heritage with
Delicious homestyle cooking and local entertainment

Advanced Tickets Recommended : \$10/Adults, \$6/Senior or Youth
Seating is limited. Call: 206-2145



A fundraising benefit for Bernal Heights Senior Services.

Bernal Heights Neighborhood Center
515 Cortland Avenue, San Francisco



Bernal Heights Neighborhood Center Schedule of Board and Committee Meetings February and March, 1995

BHNC Board of Directors

Third Mondays every other month, 7:00 p.m.
March 20

Fundraising Committee

Generally meets first Wednesdays, 6:00 p.m.
Additional third Wednesday meetings in February and March.
February 15, March 1, March 15, April 5

Outreach/Community Organizing Committee

First Tuesdays at 6:00 p.m.
February 7, March 7, April 4

Bernal Heights Youth Coalition

Third Tuesdays at 7:00 p.m.
February 21, March 21

Senior Committee

First Mondays at 3:00 p.m.
February 6, March 6, April 3

**Annual
Community
Congress
March 11
9:00 - 2:00 p.m.**

All meetings held at the Neighborhood Center, 515 Cortland Avenue, unless noted otherwise. For more information, call the BHNC, 206-2140.

Power plant From page 1...

Apparently the company does not have to do an EIR as in lieu of that the California Energy commission will prepare a preliminary staff assessment. This process does not access the public (Bayview, Bernal and other affected neighbors and the public at large) of the impacts of this proposed plant.

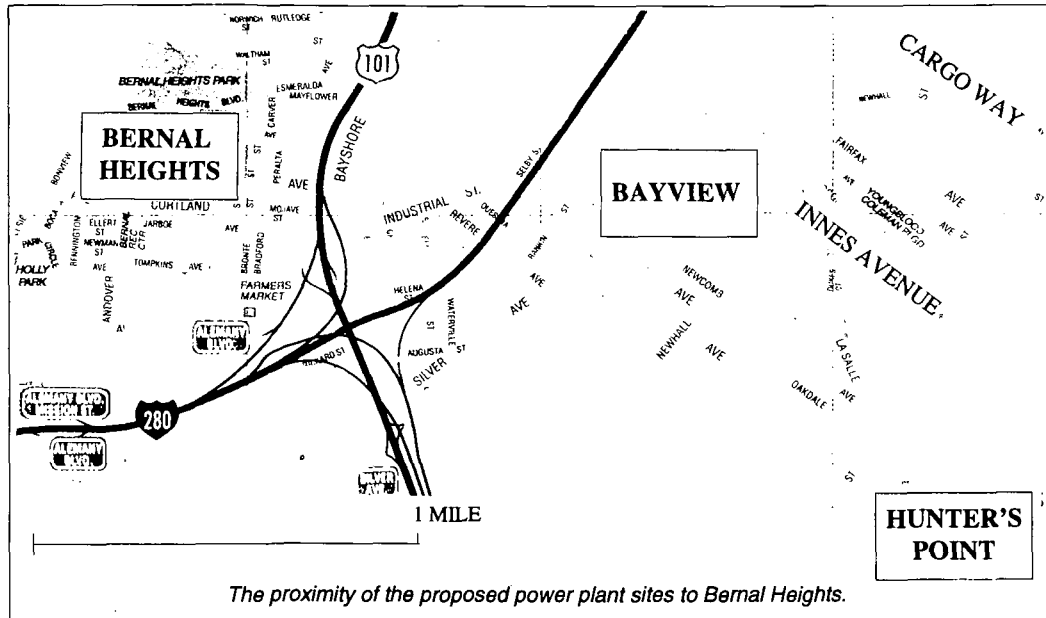
We are now in the middle of that twelve month review process and the San Francisco Energy Company is quite ready to move forward and build this plant. At a meeting of the Environmental commission on Tuesday, January 10, Mr. Robert Morgan, representing the San Francisco Energy Company, spoke of his company's extensive community outreach. In his company's own Application for Certification, it is clearly stated that the maximum exposed location from the Port site is atop Bernal Heights near the intersection of Anderson and Bernal Heights Boulevard. Yet, no community outreach to Bernal has been done.

Mr. Morgan also stated that he felt the plant would not pose any severe environmental hazards to the Bayview Hunter's Point Community. At this same meeting, Bruce Livingston, California Director of Clean Water Action stated that this proposed plant would release up to 500 tons of toxics annually into the air as well as other pollutants which would be emitted by the proposed plant. It will also use 400,000 gallons of aqueous ammonia annually.

The need for the power plant is also under question by several community groups, a need that was established by the Public Utilities Commission in 1992 in a process in which again the public, for the most part, was not involved.

At the January 10 meeting the S.F. Environmental Commission passed a resolution opposing the power plant, asking the city officials and agencies to urge the California Energy Commission to look at the disparate impacts and cumulative impacts that have been imposed on the Bayview-Hunter's Point Community (it already has two PG&E plants, a hazardous materials waste disposal plant, the Hunter's Point Naval Shipyards which are so heavily contaminated they've been declared a superfund site and the Wastewater treatment plant) and urging the Board of Supervisors, Mayor and Department of Planning to become more involved in the process by filing a petition for intervention.

Representatives of several tenants and homeowners associations, including the Morgan Heights Homeowner's, Hunter's View Residential Management, Innes Avenue Coalition, Sea Hillside Village, Mariner's Village and the Northridge Community (all of these are in Bayview) have come out strongly opposed the plant and spoke out passionately at



The proximity of the proposed power plant sites to Bernal Heights.

the January 10 meeting.

We have been involved in a very difficult struggle opposing the Crosstown Tunnel and in that struggle it has come to the attention of many in Bernal that the Bayview/Hunter's Point community has truly been a victim of environmental injustice. Just as in the issue of the Crosstown Tunnel the answer lies in conservation and the employment of non-toxic, ecologically sane alternatives shared by many communities. This is a fight that will take place on both the local and state level. Think of the chemical soup we will face here in Bernal if the City goes ahead with the Crosstown Tunnel and we get the Bernal surge shaft, located very near the maximum impact of the air borne toxics from the Port site of this proposed powerplant.

What you can do:

Write to all of the supervisors opposing the lease to the San Francisco Energy Company and especially to the Port site (at this point the favored site)!

State your objections clearly and strongly to the California Energy Commission. Call 1(800) 822-6228 to be advised of all meetings and hearings regarding this issue. The State Energy Commission is the deciding body. There will be an important hearing tentatively on February 6, but call to confirm. Insist on a formal EIR, a study of alternatives, a re-examination of the need for the power plant that is open to public input, etc. and object to the lack of notification of the the impact to Bernal and to the cumulative effect of the already overburdened Bayview-Hunter's Point.

Stay informed by calling Annie Eng at the Golden Gate University Environmental Law and Justice Clinic, Monday thru Thursday, 442-6693. For information regarding future Bernal Heights meetings regarding either the Crosstown Tunnel or the power plant, call Beth Abrams at 282-6177.

City Hall is moving

By Mayor Frank Jordan

City Hall is moving! City Hall underwent major damage during the 1989 Loma Prieta Earthquake. We are now ready to begin the retrofit process of this historic landmark.

On March 1, City Hall will officially close while the building is being retrofitted. More than 22 city departments and 1,300 employees will be relocated to city buildings throughout the Civic Center area.

Several of the offices, including the Mayor's office and the Board of Supervisors, will move across the street to the Veteran's Building at 401 Van Ness Ave. Courts will move to 633 Folsom St.

Moving one's belongings is always an enormous task. Imagine moving 300,000 square feet of office equipment and files--some of which has not been moved since 1915, when City Hall originally opened.

We are going to do everything possible to make the transition smooth and to do our best to inform the public about when and where we will be moving.

I strongly urge members of the community to call the **Move Hotline: 554-4040** (English, Spanish and Chinese) for a complete listing of the new locations of those city departments which have been temporarily relocated.

Since offices will be relocating to a variety of different sites, the hotline will be an invaluable resource for citizens needing to conduct business in City Hall.

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Published bi-monthly, 6 times a year

Reserve your ad space in our

October/November '94 issue by 9/30/94

Delivered door to door on 10/8/94

To advertise call
206-2144

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or meeting?



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Neighborhood Center!

Located on Cortland Avenue at Andover Street, you and your friends, family or group can afford our diningroom rates for as low as \$50 per hour or a meeting space for as low as \$5 per hour.

Call Jess Dugan at the Neighborhood Center
(415) 206-2140

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Furniture stripped & refinished. Excellent work quickly done, e.g. dresser w/mirror \$150 w/pick up. One-Eyed Jacks: 621-4390.

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Cooperative Preschool at St. Kevin's has immediate openings for children ages 3-5 years old. Two, three and five day programs, 9:00 a.m. - 12:00 p.m. 704 Cortland Avenue. Call Deborah Cesaretti, MA, 282-0277.

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Consign that old piece of furniture, rug, jewelry, taxidermy, or collectible that just does not fit anymore. Get top dollar with free pick up. Call One-Eyed Jacks at 621-4390.

Wanted: 2-3 car garage by quiet/clean mechanic. 2-3 days per week. Giorgio. 647-3403.

Cash: For old wood furniture, rugs & household items. Jim and Rose at 824-1180.

Please Help Me. I'm looking for a new home immediately. My name is Janet. I'm a full-time student at State studying communication disorders. In addition, I'm self-employed where I have a non-toxic housecleaning business. I'm looking to live in a cottage, studio or in-law where the maximum rent is \$500 plus I can barter services for some portion of the rent above \$500. I have excellent references, great credit plus I'm very conscientious. Call me at #285-3925. Thanks.

Wanted: Donation of small sofa, love seat, padded chair or area rug for lobby area of Bernal Heights Senior Services. We need a comfortable, sturdy sofa in very good condition for our elderly clients. Please call Vicki, 206-2145.

JOBS AVAILABLE

Page Wanted. Bernal Heights Library is looking for pages to work in its branch. The job pays \$10.83 for people 18 and over. For more information, call Valentin at 695-5160 or come in to 500 Cortland Avenue.

Advertising Representative. The New Bernal Journal is seeking a self motivated, resourceful, task oriented and well organized individual to solicit ad space, manage ad accounts and organize distribution for their bi-monthly (six issues/year) neighborhood newspaper. Knowledge of Macintosh computer and Bernal Heights community essential. \$10/hour, 45 hours per issue plus bonus incentive. Send resume and cover letter to: New Bernal Journal, 515 Cortland Ave., SF, 94110. Deadline to apply: 2/28/95

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April/May '95
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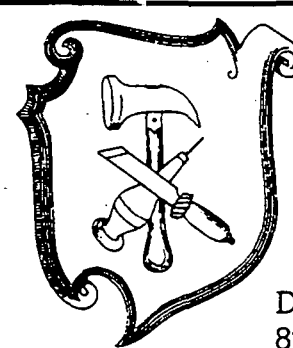
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LOW INTEREST LOANS FOR HOME REPAIRS

The City of San Francisco and the Bernal Heights Housing Corporation are working together to offer the Community Housing Rehabilitation Program to low income homeowners in Bernal Heights. Loans of up to \$40,000 are available at only 3% interest to help homeowners correct life threatening hazards and health and safety code work. Loans may be deferred for ten years; senior citizens may defer repayment indefinitely. Bernal Heights property owners who have owned their house for at least one year and qualify under the following maximum family income guidelines are eligible:

Call BHHC at 206-2151 or 206-2147 for more information.

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Youth!

Do youth programs really work?

By Joy Ferguson,
GMC Coordinator

The Greater Mission Consortium may not be a household name, but it is something to look out for in the realm of San Francisco's youth services. We all hear so much negative publicity about youth violence, about our failing education system, about youth without meaningful activities, etc., but here is some good news...

Five social service agencies in the Mission and Outer Mission area got together a year ago to address some of the issues that face our youth: child care, after school activities and recreation; jobs for youth, training on how to get and keep a job; locating youth and family resources through case management and counseling; legal education and representation; cultural activities and enrichment programs.

Collaborations better service

They made a plan for education, violence prevention, and intervention in the lives of the youth starting at an early age. Now, after a year of collaborating, and funding from The Mayor's Office of Children, Youth and Families, 1760 youth have participated and innovative programs have been developed to serve youth better.

There is a program at the Precita Valley Community Center where we bring the services to the youth who usually do not access these types of programs. Another program is the United Players program at Balboa High School, a unique youth driven program to stop racial violence at the school, also with youth who do not nor-

mally access social service programs. Unfortunately, these projects only make a dent in the lack of services in the Outer Mission (which includes Bernal Heights and the Excelsior District).

Many services available

The Bernal Heights Neighborhood Center continues to serve as the lead agency. Young people are able to have access to a variety of services and programs when they go to any of the agencies or receive services at school. The agencies that collaborate in our programs are: Enterprise for High School Students (4667 Mission Street), Mission Community Legal Defense (2940 16th Street, Suite 301), Mission YMCA (4080 Mission Street) and Precita Valley Community Center - Mission Neighborhood Centers, Inc. (534 Precita Avenue). Due to funding cuts the programs are not likely to expand in the near future, but we hope to continue to do outreach and improve on our success.

Volunteers needed to ensure future success

We are looking for neighbors who would be interested in coaching intramural sports at Balboa High School - Contact Val Seid, Central YMCA 885-0460; tutors at Precita Valley Community Center - Contact Karen 206-7756; schools or community groups interested in a workshop on legal issues or gang prevention presentations - Contact Joy Ferguson 206-2146; and anyone who would be interested in hiring a qualified young person - Contact either Enterprise for High School Students 921-6554 or Destry at 920-2691.

Over 600 toys light up the holidays for Bernal kids

Over 600 toys were given to low-income children at the Bernal Heights Neighborhood Center on December 20 for the annual Toy Give-a-way. We would like to thank the following businesses and individuals for their generous contributions to the 1994 BHNC Christmas Toy Give-a-way:

Wild Planet Toys
Newtype Hobbies & Toys
Butterflute
Thumbs Up Marbles
Cliffs Variety
Comics & Comix
Cover to Cover
Kinder Toys
Lewis Galoob Toys
Orbit Sales
Space Clusters



BHNC Board Members Bebe Castaing and Julian Navarro play Mrs. Claus and Santa to the delight of hundreds of children receiving their toys.



Bernal youths helped to distribute wrapped gifts to their younger neighbors.

Toy Barrel Sponsors:

Patty Fasano &
Nico's Cafe
Mr. Mike Callagy & Arrow
Pharmacy
Bernal Heights Library
St. Kevin's Church
Brown Bear Realty
Four Star Video

The BHNC would also like to thank; Patty Fasano (BHNC Board member) for donating her time and cookie dough to baking dozens of delicious cookies for the children's party at Bernal Gym; The Park and Recreation Department and Marquita Reyes for hosting the children's party; Bernal Heights Senior Services for donating 600 candy bars, Julian Navarro and Bebe Castaing (BHNC Board members) for their wonderful rendition of Mr. and Mrs. Santa Claus, the many youth volunteers who wrapped and distributed over 600 gifts, and finally, all of you who dropped toys into the Toy Barrels anonymously —Many Thanks!

The Exploratorium Store
Heartfelt
Ruben's Upholstery
Junipero Serra Children's
Center & Lucinda Sanders
Alice Blecker
Clara Sison
Catherine Cavey
Diane Alvarez
Maggie & Kerrigan
Donahue
Evelyn Rankin & Barbara
Arbucci
Carmen Morales
Rachel Grossman
Sabin Russell
Betsy Reiss
Marie Jobling

ATTENTION PARENTS

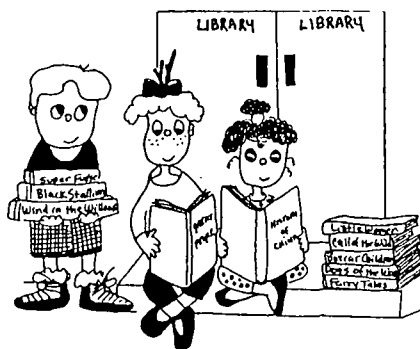
DO YOU WANT TO HAVE BETTER COMMUNICATION WITH YOUR CHILDREN?

DO YOU WANT YOUR CHILDREN TO GET BETTER GRADES?

DO YOU WANT YOUR CHILDREN TO LISTEN TO YOU MORE?

DO YOU WANT YOUR CHILDREN TO HELP OUT MORE AT HOME?

WE WILL BE STARTING A SUPPORT GROUP FOR PARENTS AT PAUL REVERE SCHOOL TO TALK ABOUT THESE AND OTHER ISSUES THAT CONCERN YOU



EVERYTHING TALKED ABOUT IS CONFIDENTIAL. WE INVITE YOU TO ATTEND EVERY TUESDAY.

WE WILL BE STARTING ON TUESDAY, JANUARY 10 AND THE GROUP WILL RUN FROM 8 AM UNTIL 9:30 AM IN THE FAMILY RESOURCE CENTER, ROOM 105 ANNEX OF PAUL REVERE SCHOOL, 610 TOMPKINS AVE.

FOR MORE INFORMATION CALL MIRIAN CONRAD AT 575-3535 OR LEN CAPOZZI AT 695-5811

CHILDCARE AND REFRESHMENTS WILL BE PROVIDED

Do you have a job for a young person?

Call the
Ready for Work
Program Today!

920-2691

School Volunteers Needed

The Sixth National African American Read In Chain will take place at selected elementary schools. If you can spare an hour or so that morning and would like to read to a class, please call San Francisco School Volunteers

Orientation and training for School Volunteers will take place on February 25 from 9:00 - Noon at the New Traditions Elementary School, 2049 Grove Street. Attend workshops that will build your skills such as: Math Games, Diversity in the Classroom and Teach a Child to Read. For more information about these and other volunteer opportunities, call San Francisco School Volunteers, (415) 274-0250.

WE HAVE CURRENT
OPENINGS!

St. Kevin's
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704 Cortland Avenue, San Francisco

Two, three and five day programs, 9:00 a.m. - 12:00 p.m.
For children ages three to five years old.

Call Deborah Cesaretti, M.A., (415) 282-0277



Cable Car Caroling to Bernal Elders



Mark Dunn is greeted by Tom Kellogg, Doug Holloway and dozens of other merry makers during the annual Cable Car Caroling for Bernal frail and isolated elders.

Bernal Heights neighbors and the Bernal Heights Neighborhood Center were again able to present a wonderful Christmas caroling event at the homes of isolated elders on December 20 and 21. The event was encouraged by an anonymous donor who wished to make a contribution for something that would "bring joy" into the lives of elders. The elders were serenaded with holiday songs by spirited community members from a motorized, old style, San Francisco cable car. This year we were able to bring them each a nicely wrapped Christmas gift as well, thanks to the generosity of local merchants and neighbors. As well as being fun for the carolers, this kind of reaching out is very important and critical for an elder who is sometimes isolated in his/her community.

The event was a powerful way of expressing that elders are a vital, integral part of our community. A gesture of care and respect such as singing carols to each one of our homebound elders is only made possible by individual support and contributions. If you wish to bring joy and a sense of belonging to elders, your donation of time, money or talents can create other such delightful events. Please call the Bernal Elders Support Team at 206-9177.

We would like to thank the following individuals and businesses for making this year's Christmas caroling event possible through their contributions:

Doug Holloway, Beulah Heagren, Karen Holt, Ron Chávez, Isabelle Mayo, Keven Clancy, Lisa Mendieta, Marilyn Chávez, Frannie Peterson, The Body Shop, The Staff of Home Federal Savings and Loan of San Francisco, Mad Fish Cafe, Cole Hardware, Walgreen's, Soma Coffee Co., Anna's Danish Cookies, Syn-Mar and Gap Foundation Employees.

A big Thank You to all the merry carolers who brought tears to the eyes of many on those two cold, but heart warming evenings just before Christmas. - By Carmen Mendieta, BEST Coordinator



Elders were delighted to see a colorful and festive cable car filled with spirited carolers pull up in front of their homes. The neighborhood cheered and waved as the cable car climbed through the streets of Bernal Heights.

Seniors!

Help us save our food programs!

"Seniors worked all their lives, supporting their country. Now that we seniors only have a few years left to live, you are going to take away our food?"

- C.S., 74 years old

Letters like this one from a participant of the congregate lunch program at Bernal Heights Senior Services are being written on paper plates by seniors who are concerned about the proposed cuts to their food program.

During the first 100 days of the new congress, Rep. Newt Gingrich has promised that 10 bills, making up the "Contract with America," will be considered by the House of Representatives. One of these bills, the "Personal Responsibility Act" (PRA) includes the food block proposal, which threatens to severely cut all the major food programs, including the Congregate Meals Program and the Home-Delivered

Meals Program (Meals on Wheels).

The Senior Action Network (SAN) is asking all seniors to write a brief letter on a white paper plate addressed to their legislator, expressing why their food programs are important. For many seniors on fixed incomes or for those who find it difficult to shop for and prepare their own food, these daily, hot meal programs are essential to their health and well being.

Bernal Heights Senior Services is collecting these letters in our neighborhood and asks that seniors bring in their paper plates by the end of February, when they will be taken to the SAN office, who will then take the plates together in one big load to our legislators. Bring or send your letter c/o Bernal Heights Senior Services, 515 Cortland Avenue, San Francisco, CA 94110 or call 206-2145.

Planned Giving: Leaving behind a gift of sharing

When Angeline Madrigal passed away last year, she made sure that those who touched her life would be shown her appreciation. She left part of her estate to her favorite church and also to six community agencies which serve Latino youth and seniors. Bernal Heights Senior Services was one of these fortunate groups who received \$6,700 through Mrs. Madrigal's final blessings.

Mrs. Madrigal was not by any means to be considered wealthy. In fact, she represents the largest segment of the over \$100 billion that is given to charity each year: the individual donor with an income of \$50 thousand or less.

Individuals make up 85% of all monetary donations, which is surprisingly more than all founda-

tions, corporations and the government combined.

These individuals give for many reasons, including religious reasons, tax deductions, recognition, and like Mrs. Madrigal, for altruism. Whatever the reason, the result is that community groups can continue to serve and help others through the generosity of these caring individuals.

By remembering Bernal Heights Senior Services in your will, your gift, no matter how small or large, will help to provide services for over 500 elders every year in our neighborhood. To find out more about how your donations will help elders in our neighborhood, please call Bernal Heights Senior Services, 206-2145.

Volunteers make a difference by giving one hour a week

By giving just one hour per week, you can help an elder in our community through the Emergency Meal Program. Friends are needed to pick up a week's supply of frozen meals and shelf staples from our center and deliver it to seniors who are on the city's long home delivered meals waiting list.

Our Emergency Meal Program provides immediate assistance for elders who are unable to shop for or prepare food. Caring neighbors who bring these frozen meals and smiles help to provide elders with important nutritional support.

The Emergency Meal Program is made possible through a generous grant of \$9,000, which was recently awarded to Bernal Heights Senior Services from the Myrtle V. Fitschen Charitable Trust Fund to help provide emergency meal, transportation and in-home care to

elders in need. The Chevron Employee Community Fund also donated \$500 to purchase microwaves for the Emergency Meal Program.

Neighbors can also make a difference in an elders life by picking up grocery bags from our Brown Bag Program and delivering them twice a month to our low income, frail and homebound elders. These free grocery bags for elders contain nutritious canned fruits, soups, juices, bread and cereals that help their low income recipients to stretch their limited food budgets. Again, the time commitment for this is just one hour per week, twice a month.

Caring and friendly neighbors who would like to volunteer are encouraged to call Bernal Heights Senior Services at 206-2145 to find out more about lending a hand for our elders.

Gifts on the Hill

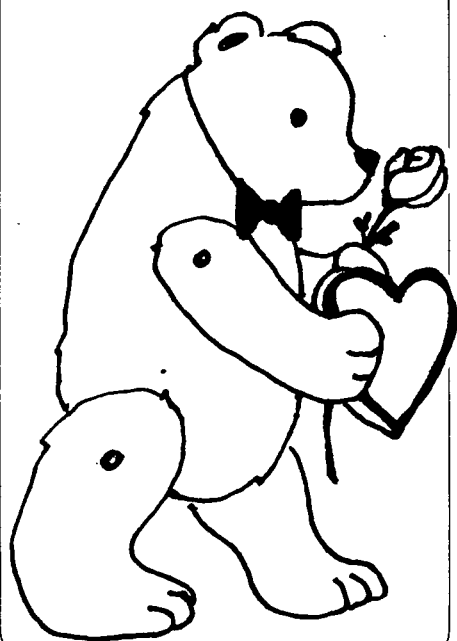
Gifts for your Valentine!

- Handmade Teddy bears
- Long Stem Ribbon Roses, only \$1.50
- Lacy Heart Pin Cushions, only \$2.50
- Valentine Ballons, \$1.00
- Swans, Bunnies & dolls
- Gift Baskets for your Sweetie

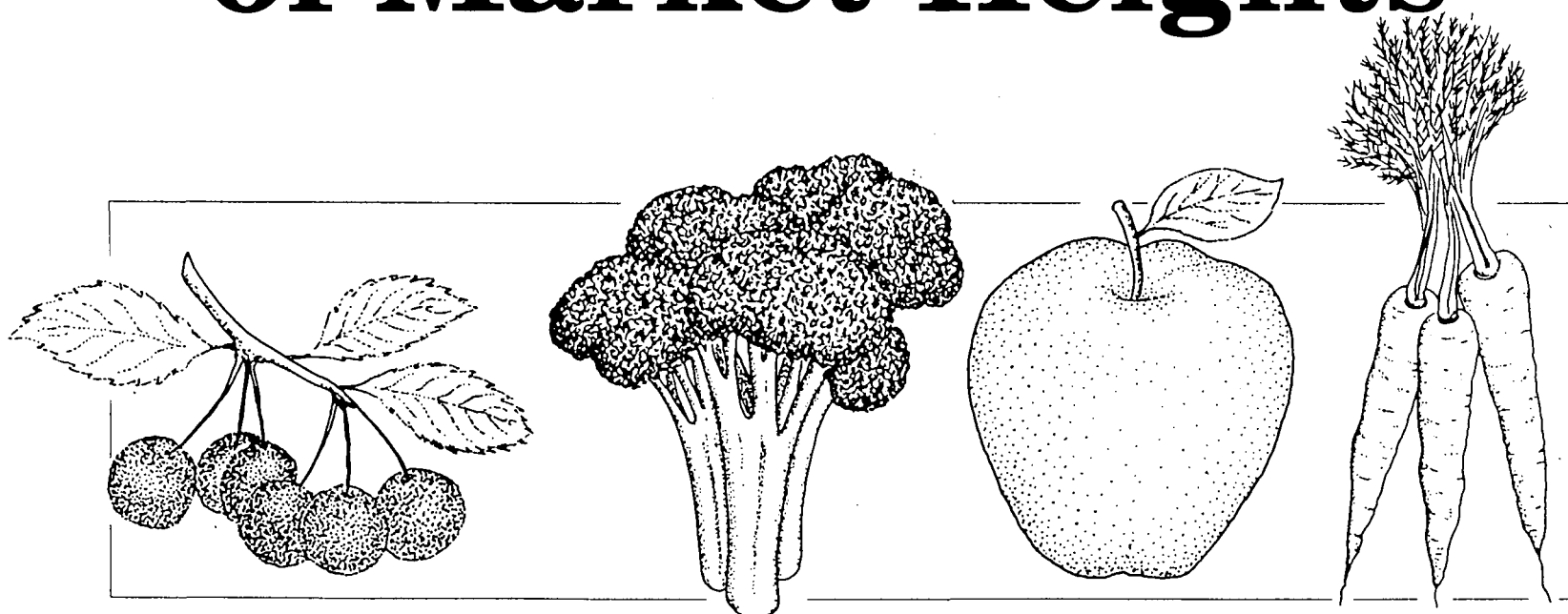
Get something for your sweetie while supporting senior services in Bernal!

Made with love by Bernal Seniors

**513 Cortland Avenue
Bernal Heights, San Francisco**



The Farmers' Market Will Remain Open During the Construction of Market Heights



The Alemany Farmers' Market at 100 Alemany Boulevard off Highway 280, will remain open and undisturbed during the construction of Market Heights, an affordable family housing development on the hillsides behind the market. We appreciate your cooperation and continued patronage as we build needed housing for working families.

For years, neighbors have enjoyed this selling stalls full of farm fresh produce and goods on Saturdays at Farmers' Market. Construction of Market Heights will in no way interrupt the Saturday market days. No construction will take place on Saturdays and all construction equipment will be located away from the market's parking spaces on the weekend.

Come and shop at Farmers' Market this and every Saturday!



This notice was paid for by the Bernal Heights Housing Corporation, a non-profit community based agency working with the community of Bernal Heights to build and rehabilitate affordable housing.

For more information about the Bernal Heights Housing Corporation or the Market Heights project, please call Stephen Dunn at (415) 206-2140.

Who's who at the Bernal Heights Housing Corporation

By Ruthy Talansky,
BHHC Project Developer

The Bernal Heights Housing Corporation sprouted from the Bernal Heights Neighborhood Center four years ago. It is currently an independent non-profit organization creating sustainable, affordable housing in Bernal, based in the same building with the Neighborhood Center. We would like to introduce our board and staff to the Bernal Heights community. Some of us have been around for a while and others have just joined. We look forward to seeing you in the neighborhood.

Carren Shagley has lived in Bernal Heights for over 17 years. She is a long time member of the Neighborhood Center and recently joined the Bernal Heights Housing Corporation. Carren is the current president of the Board. She has been a real estate agent for eleven years and previous to that worked in manufacturing. Carren firmly believes in affordable housing and is committed to that end in Bernal Heights.

Chad Hamilton works with Hamilton+Aitken Architects here in Bernal, and serves as the Secretary of the Bernal Heights Housing Corporation. A resident since 1988, he has two small children and understands the importance of neighborhood issues. "Construction of affordable housing for our elders, youth and working people is an essential investment we need to make in our community. Along with renovation and maintenance of existing affordable housing, it is a very important way that together we can have a major affect on our own lives in this neighborhood. It makes the quality of life in Bernal Heights better for all of us." In addition to his activities with the Housing Corporation, Chad provides architectural services to improve the living and working environments of ordinary people. His firm works on projects from a fifty unit residential care facility to serve low-income people with AIDS to informal consulting with neighborhood residents for their own homes.

Odis L. Dodson grew up in Bernal Heights and spent most of his life here. He attended the Paul Revere Elementary School in Bernal. Odis works as a mortgage broker and at one time was a local real estate agent in an office on Cortland. Odis believes that although he can't change the world, he can change his neighborhood. He currently serves on both the Housing and the Neighborhood Boards.

Larry Cruz is a San Franciscan native and has been living in Bernal Heights for six years. Larry was a former administrator with the Department of Public Health. He specializes in housing for homeless families and low income individuals.

Sylvia Yee is the past president of the Bernal Heights Housing Corporation Board. Sylvia was a resident of Bernal Heights for nearly 20 years. She is a program officer at the Evelyn and Walter Haas Jr. Fund.

Diane Ross has been a Bernal Heights resident for 13 years and has served on the board for the last 6 years. Diane was the first president of the Bernal Heights Housing Corporation Board. She is a staff attorney at the California Teacher's Association and likes to ski and read.

Alan Fisher is Executive Director of the California Reinvestment Committee (CRC). The CRC is a statewide membership organization of more than 140 nonprofit organizations and public agencies using the Community Reinvestment Act to advocate increased lending and services from financial institutions. Alan is active as a parent/volunteer with Everett Middle School and several other Bay Area housing and community development organizations. Alan has a background as a labor and community activist, management consultant, writer, researcher and foundation staffer.

Martha Drew is a ten year resident of Bernal Heights. She is a mother of two and owns and runs a family day care. Martha is interested in finding an avenue to connect with the existing diversity of Bernal Heights. She is committed to working towards eliminating the stigma of animosity between seniors and youth. As a businessperson, Martha is interested in networking with other local businesses and being a helpful resource to each other.

Since moving to Bernal Heights nearly five years ago, **Robin Snyderman** and her dog have spent their free time exploring and extolling nearly every inch of Bernal Hill... secret staircases and windy dirt roads included. Until this summer, however, all of Robin's "productive hours" were focused on affordable housing and community development activities in the Mission, where she works with Mission Housing Development Corporation. Now on the BHHC Board, Robin looks forward to be-

Market Heights Groundbreaking

By Helen Helfer,
BHHC Executive Director

On December 5th, Mayor Jordan joined with the Bernal Heights Housing Corporation, neighbors and friends to celebrate the groundbreaking of Market Heights, our forty-six unit affordable housing development behind the Farmer's Market.

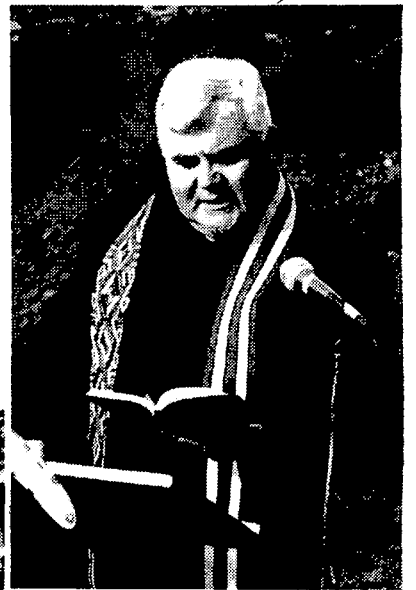
Other special guests included Father Joseph Walsh of St. Kevin's Church who gave the Benediction, Stan Smith of the Building and Trades Council who represented the AFL-CIO Pension Fund, Michael Yaki from Representative Nancy Pelosi's Office, Dan Beaton from Wells Fargo Bank, Supervisor-elect Tom Ammiano, Mindy Linetzky representing Supervisor Kevin Shelley, and Ted Dienstfrey, Director of the Mayor's Office of Housing.

If you would like more informa-



BHHC Board members Alan Fisher, Diane Ross, Chad Hamilton and President Carren Shagley, Mayor's Office of Housing Director Ted Dienstfrey and BHHC Board members Bebe Castaing, Patty Fasano and President Bill Sorro.

tion about Market Heights, please call our Housing Director Stephen Dunn, at 206-2140. If you would like to be on our Market Heights waiting list, please call our Program Assistant Sumi Imamoto at 206-2150. You will be notified when the formal rental application process will begin, which is slated for the summer of 1995. Construction will be completed by the end of the year.



Fr. Joseph Walsh, Pastor of St. Kevin's Church, gave the Benediction at the groundbreaking.

Polly Marshall of Goldfarb and Lipman, March Trotz of the Mayor's Office of Housing, BHHC Executive Director Helen Helfer, James Oriana of Roberts/Ohbayashi, BHHC Housing Director Stephen Dunn and Bill Schallich of Roberts/Ohbayashi.

ing more productive in her own neighborhood, and "giving back" a bit to the colorful community of Bernal Heights. The question is... are dogs allowed at Bernal Board Meetings?

Our Executive Director, **Helen Helfer**, has been with the Neighborhood Center/Housing Corporation for over six years. Coleridge Park Homes (above what is now MacFrugal's on Mission Street) was just beginning construction in 1988, as is Market Heights now. Her past work includes being a community organizer in Philadelphia, a program analyst for HUD in Washington DC, and co-director of the Women's Economic Agenda Project in Oakland.

"What's most rewarding about working and living in Bernal Heights is our neighborhood's racial and economic diversity. As a parent of a young black man, I appreciate the opportunity to be in this special place and contribute to making our community - including our youth, seniors, and families - the best place to live in San Francisco."

Jeff Bachman has been the fiscal manager for the Bernal Heights Neighborhood Center and Housing Corporation for five years. He has fifteen years of financial management experience in the hospitality, health care, non-profit sector. He is currently pursuing a Master's De-

gree at the University of San Francisco where he received the 1994 merit scholarship for his graduate studies.

Stephen Dunn or S. Dunn, as he is known to his intimates and enemies, has been working for the HC for 18 months. The building of Market Heights has been his major challenge since his arrival. He has been the Housing Director for the past year, working with talented new staff to fulfill the housing mission. His background is business and construction, and he has also worked in public education as a teacher, administrator and community organizer.

Chloe Fiering started working at the Bernal Heights Housing Corporation as a Housing Project Developer/Loan Processor almost a year ago. Prior to coming to BHHC, Chloe worked in federal housing policy and advocacy at the National Low Income Housing Coalition, as well as with city government, tenant organizing, and the volunteer sector. She has a strong commitment to volunteer service, which she has been involved with since the age of 15. Chloe is delighted to be working in such a strong and giving community as Bernal Heights.

Ruthy Talansky recently joined the Bernal Heights Housing Corporation as a Housing

Project Developer/Loan Processor. Previously, she worked for a number of architecture firms involved in affordable housing. Ruthy has specialized in housing for over 5 years and has worked in southern Africa developing housing and economic opportunities. "I thoroughly enjoy working with the staff at the Housing Corp. in the great neighborhood of Bernal Heights."

Sumi Imamoto is Bernal Heights Housing Corporation's Program Assistant. She has been a Bernal Heights resident for 5 years. Before coming to BHHC, Sumi was working in social services with a San Francisco senior service agency in the Japantown area. Sumi is currently taking courses in Paralegal Studies in the evenings at San Francisco State University's Downtown Education Center.

Demece Garepis has lived in Bernal Heights for over 15 years and enjoys its diverse fabric of youth and families. She lives with her partner of 12 years, Sally and with her mother, Georgia. She has helped to coordinate Bernal's annual Fiesta on the Hill and works with other neighbors and groups to develop and maintain affordable housing. She is an accountant working with small businesses and is currently finishing a book on Kayaking.

New Bernal Journal

Job Announcement

Advertising Representative

The New Bernal Journal is seeking a self motivated, resourceful, task oriented and well organized individual to solicit ad space, manage ad accounts and organize distribution for their bi-monthly (six issues/year) neighborhood newspaper. Knowledge of Macintosh computer and Bernal Heights community essential. \$10/hour, 45 hours per issue plus bonus incentive. Send resume and cover letter to: New Bernal Journal, 515 Cortland Ave., SF, 94110. Deadline to apply: 2/28/95.

Bernal Hilltop Natural History

Wood Rushes on Bernal

By Barbara Pitschel

When speaking of grasslike plants, we commonly refer to two groups in addition to the grasses themselves—sedges and rushes. The foliage of any of these plants could easily be mistaken for any other by the untrained observer. In fact, most of them could also be mistaken for many members of the lily or other monocot families.

On Bernal we have many grasses, both native and exotic, many lily relatives, and a sedge or two. We have only one rush, our native "common wood rush." Rushes belong to the family Juncaceae, which has nine genera of worldwide distribution. The most common genus is *Juncus*, but our rush belongs to a smaller, less well-known although fairly widespread genus, *Luzula*, most commonly found in the Northern Hemisphere. *Luzula* is similar in many ways to *Juncus*, but it differs in having closed leaf sheaths, hairy leaf blades, and three-seeded capsules.

The species on Bernal is *Luzula comosa* var. *congesta* (synonyms are *L. multiflora* and *L. campestris*). The flowers, at a distance, could be mistaken for the *Carex* genus of the sedge family, but a close look probably requiring a powerful hand lens, shows that these flowers are very different. Rush flowers are more similar in form to lilies than to sedges or grasses, both of which have unique floral structures. Rush flowers are tiny and unspectacular, but with standard flower parts in multiples of three.

Our species is a diminutive perennial with reddish-brown leaves and inflorescence in tight little umbels or heads with brownish, paper flowers. The unusual coloration and form would make this little plant a good choice to supplement grasses and wildflowers in a native meadow garden.

The species is highly variable. Different varieties are distributed throughout much of northern North America, as well as Europe and Asia. In San Francisco it is found in grasslands and in shallow soil at the borders of brushlands. Over the years it has been reported at the Presidio, Lands End, Laurel Hill Cemetery, Lone Mountain, east of Lake Merced, and in the Bayview Hills and other parts of southeastern San Francisco (which includes Bernal). It can probably still be found in many of our remnant grasslands, but several of the sites noted above have been thoroughly eradicated by development. It is also reported on San Bruno Mountain in open or brushy, sometimes moist, places from February to June.

I can't tell you exactly how to spot this plant without help, as it is so small and unobtrusive. Look for it on the north and west slopes from February to April. Our ample rainfall should make for good showing of woodrushes this spring. If you would like help finding this and other native species, join our restoration work parties on the third Sunday of each month. Call me at 282-5066 for details.



Luzula comosa var. *congesta*
From: Illustrated Flora of the Pacific
States by Leroy Abrams.

Geographical History of the Hill

By Ed Roper

History through Sewer Covers

Some of the history of the hill can be easily found on its street hardware, particularly on sewer vent covers.

A common cover is that of "S. Mariani & Sons—3364 Mission St." Today, **Safeway** now occupies this site, which Mariani used to share with the Lycemn Theater.

Mariani had a warehouse at 2881 23rd Street where a beautiful horse trough, equipped with a lower access for dogs, was erected on the first concrete sidewalk in the city.

Several different plumbers located at **400 Cortland Avenue** and their plates are scattered on the sidewalk.

More About the Streets Where You live

Justin, Agnon and Genebren were teaching brothers at St. Mary's College, which was the first first occupant at what is now **St. Mary's Park**.

Esmeralda was the daughter of the toll keeper's daughter at "5 Mile House" on what is now San Bruno Avenue.

Elmer Ephraim **Ellsworth** was a friend of Lincoln and followed him to Washington in 1861. When war broke out, Ellsworth organized a regiment and outfitted them in multicolored uniforms. During an assignment in Alexandria, Virginia, Ellsworth removed a Confederate flag from a building and what shot dead by the owner. This was the first officer killed in the Virginia Campaign.

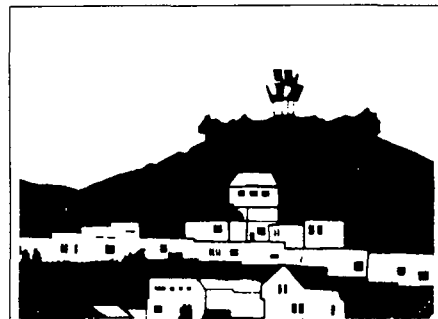
The very short **Rosenkranz Street** may be named for Civil War Major General William S. Rosencrans who fled the field in an early assault of Chattanooga, Tennessee. General George Thomas remained in the field and thereafter was known as the "Rock of Chickamagua."

Adam and Eve Streets Banished

When the building of the **Army Street** interchange took away some of the northeast corners of the hill, Adam and Eve Streets were also removed to make way for the highway development. A Seven-Up bottling plant and Simmons Mattress works in that area were also closed to accommodate the new interchange.

A Temporary Farewell

I need to spend time at several historical libraries, to gather more information for future columns. I hope to have more for our readers in the August/September issue.



Gardening on the Hill

Simple maintenance helps trees in future

By Mel Johnson, Friends of the Urban Forest

As you begin the New Year, Friends of the Urban Forest has a resolution to add to your list that will make a lasting difference: Take care of your street tree.

And for Bernal residents, now is the ideal time of the year to prune, adjust stakes and ties, clean debris and generally prepare your tree for spring growth.

December through February is the most important season in terms of caring for trees in the Bay Area because deciduous trees are dormant, while evergreens have significantly slowed their growth. There's nothing difficult about tree care; it just takes a few hours and a commitment on the part of the tree owner.

10-Step Checklist for Winter Tree Care

- Do not "top" trees or remove an excessive amount of main branches.
- Prune upper limbs to create a symmetrical, well-balanced canopy that allows light and air to filter through.
- Always prune trees at the junction point where two branches come together.
- Adjust, replace or remove support stakes, screens, ties and cross braces as needed.
- Check soil level to make sure it doesn't expose roots or cover the trunk.
- Check the root crown for structural soundness and decay.
- Remove trash, weeds and debris from tree basin.
- Check basin for hazardous and toxic materials.

For more information call Friends of the Urban Forest, 543-5000.



Put your food waste to good use

Did you know that residents of San Francisco throw away more than 100 million pounds of food waste every year? Food makes up 30 percent of the garbage generated by the average home. But fruit and vegetable trimmings don't need to end up in the garbage.

You can easily recycle them into a rich soil for garden and house plants

through home composting. Attend a free hands-on composting workshop on Saturday, February 11 or 25 from 10:00 am to noon at the Garden for the Environment, on Lawton Street at 7th Avenue. Call the San Francisco League of Urban Gardeners' (SLUG) Compost Hotline at 285-7585 for reservations and more information.

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Botanist

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Rot is Hot!

Become a certified composting educator by signing up for the Community Composter Training Program. You could learn how to teach and inspire residents to compost at home and receive a free compost bin at the end of the course. Classes are held on Wednesday nights, March through May of 1995. The classes will be conducted by the San Francisco League of Urban Gardeners (SLUG) and sponsored by the San Francisco Recycling Program. Call the Hotline at 285-7585 for more information.

Winter Gardening Tips

This is the last chance to prune your roses! Use a sharp, good quality pruning scissor and leave the strongest, most vigorous canes. You can help to prevent fungus and leaf curl in your fruit trees, especially peaches, by spraying now before they bloom. If the excessive winter rains didn't drown your bulbs, you should be seeing them pop their green shoots through the soil now. Enjoy these gorgeous blooms—but after the bloom has died, don't cut the tops off! Let them fade and dry, allowing the bulb to draw food from their tops to ensure beautiful blooms next year.

- Rose Blum

New KQED Executive Vice President



David Weir Photo by Howard Gelman

Congratulations to Bernal Heights resident David Weir, who was appointed as Executive Vice President of KQED, Inc. this past December. Weir will oversee KQED's four fundraising units and also assist with communications, community relations and special projects. "David's long history of public service organization leadership, coupled with his knowledge in both print and electronic media, well suit him to this new assignment," said KQED President, Mary Bitterman. "He is going to be a great asset to KQED during this challenge time of renewal."

"This is an exciting time to work at KQED," said Weir, an Elsie Street resident. "We have the opportunity to become one of the leading multimedia organizations in the country, and we intend to do so."

Neighbors Around the World

To Dance in Havana

By Monica Conrady

It seems extreme to have to go all the way to Cuba to meet your neighbors but that's how it was for some Bernal Heights residents recently. Some of them had lived a few streets from each other for years but had never met. When they finally did meet it was in Havana.

A group of about 70 people from the U.S. and Canada were there to take part in a music and dance workshop. So many of us had the 94110 zipcode we considered having 94110 T-shirts specially made up.

Caribbean Music and Dance Programs, a San Francisco-based travel company, puts together three trips a year to Cuba—a Cuban Popular Music and Dance Workshop, an Afro-Cuban Folkloric Music and Dance Course and a recently introduced Rhumba and Folklore Workshop.

Our group, two thirds musicians and one third dancers, was there for the Popular Music and Dance Workshop which consisted of two weeks intensive instruction by some of Cuba's top musicians and dance teachers, various performances by world renowned musicians, visits to Old Havana and the promise of a little R&R at the beach.

The workshops are held at the Escuela Nacional de Arte (ENA). Formerly the lavish Havana Country Club, it was turned into a school for the Arts after the Revolution. Talented young people from all over Cuba come to study at the ENA. Although the buildings are rundown and shabby the atmosphere is alive and stimulating. Music is everywhere—drums, percussion, violin, guitar.

Taking dance classes every day is this writer's idea of an educational trip. Our teachers were Gladys Gonzales and Antonio Sanchez, a married dance team famous throughout Cuba for their long-running TV show. We'd all taken dance classes before but not necessarily Cuban dancing. They started us off, back in time, with the classic Danzon—very sedate, very proper, no hip movements. Then on to Son, Cha Cha Cha, Mambo, Rhumba and finally Casino and Despolete, the latest Cuban street dance which is all swiveling hips.

Tell people you are going to Cuba and someone is bound to ask you to take some letters and hard-to-get items with you. Having the chance to meet their relatives and friends and go to their homes was one of the



Dancing feet in Cuba: Monica Conrady, Mark Rincon, JoAnne Frankfurt, Rebeca Mauleon, Melissa Daar, Wayne Wallace, Cherie Chooljian and Jennifer Peringer.

highlights of our trip.

Staying in a hotel with its own generator meant we dancers hadn't suffered from Havana's notorious power outages. Not until the last day, that is. Just as we were to perform our dance routine before the entire school the power went off, which meant our tape couldn't be played. We were crushed, but we danced anyway.

Worse was to come. That evening, the finale of the music festival when two of Cuba's most famous groups—Irakere and Los Van Van—were scheduled to perform, the power went off again, this time for several hours. No problem. They just played louder and longer into the night when it did come back on. It takes a lot more than a little power outage to get the Cubans down.

Stroll along the Malecon, Havana's famed seafront wall and its like being in a time warp. The few cars around are 1950's era, huge Valiants and Studebakers which Lowriders in the Mission would give their right arm for. Motorbikes with sidecars are straight out of old British WWII movies. But then almost everybody rides a bicycle anyway since there's little gas to be found.

Havan Vieja is a gem, even though a lot of it is peeling and crumbling. It may be touristy, but sipping a mojito in the Bogeduita del Medio, Hemingway's favorite bar, is a very pleasant way to pass the time and rest those aching dancing feet.

For information on the Caribbean Music and Dance program, call (415) 861-7107.

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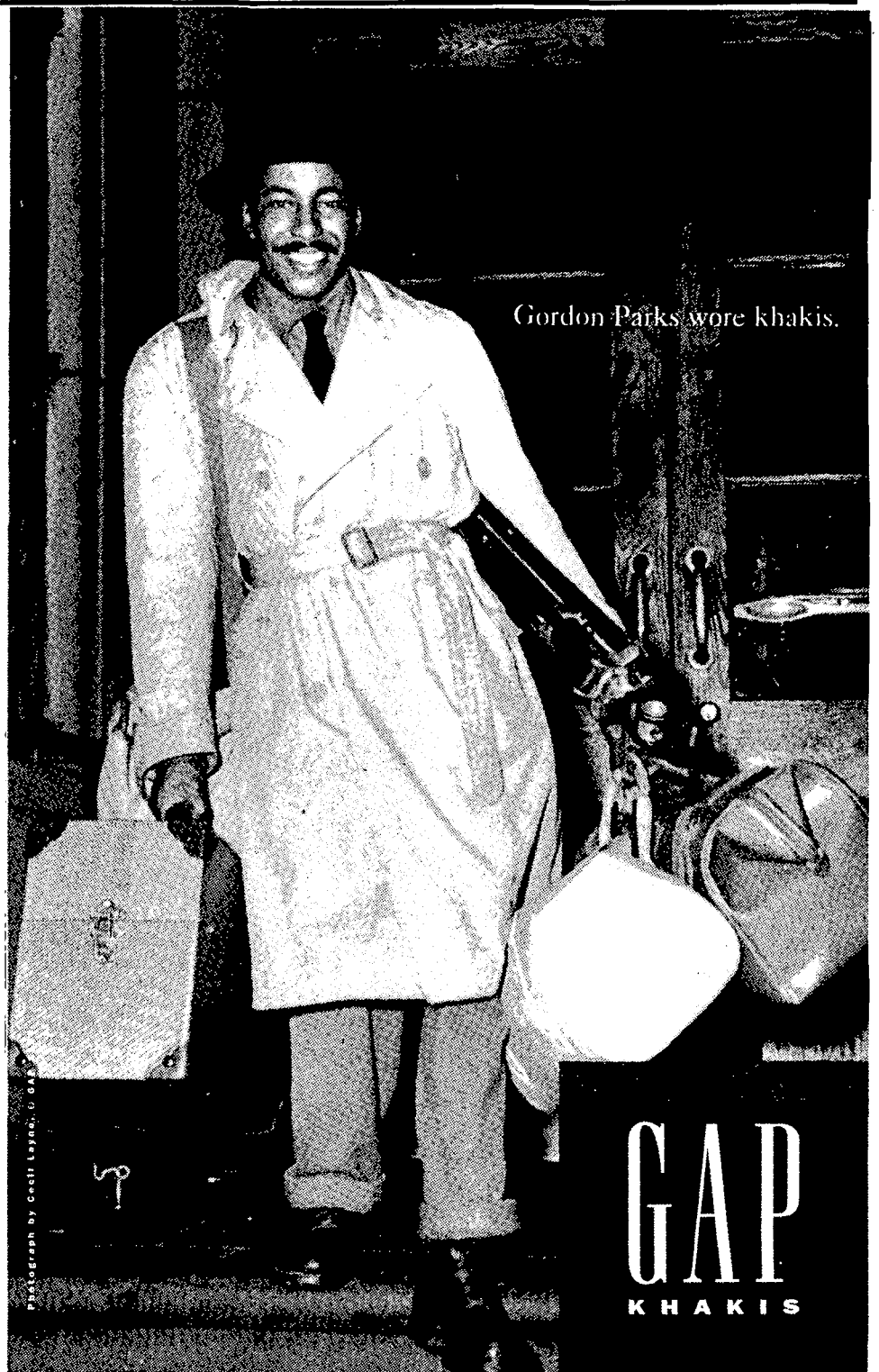
Did You Know?

Steel is America's most recycled material! More steel is recycled annually than glass, paper, plastic, aluminum and other metals combined!

- What we commonly call tin cans are actually steel cans coated with a thin layer of tin.
- San Francisco residents recycled more than 2 million pounds of steel cans last year.
- Rinsed steel cans are easy to recycle. They don't need to be flattened and you don't have to remove labels.

Recycle your steel cans!

Use your curbside blue bin or your blue apartment recycling bin. For more recycling information, call the **San Francisco Recycling Program Hotline at 554-6193.**



**GAP
KHAKIS**

Bernal Library News

By Valentin Porras

Activities for the month of February and March at your Bernal Library.

The Bernal Heights Library has **free tax help** offered to anyone, starting Saturday, March 4 through Saturday, March 25, from 1:00 to 6:00 p.m. in the library's community room. The services are offered by VITA the tax people.

The Library has an **Adult Reading Group** which meets the last Thursday of the month at 4:30 p.m. The group selects titles to read and discuss at each meeting. New members are encouraged and welcome. The schedule is as follows:

Title	Author	Date
Madame Bovary	Gustave Flaubert	2/22
Stone for Ibarra	Harriet Doerr	3/30
A Personal Matter	Oe	4/28
Frankenstein	Mary Shelley	5/25
Gorilla My Love	Toni Cade Bambara	6/29

Library Activities for Children

Children's story hour is every Tuesday morning at 10:30 a.m. and individuals and groups are welcome. Wednesday night is Family Night starting at 7:00 p.m. with stories, games and songs. Children's films are scheduled for each month. "Too-Too Tomato the Silent Clown" will be shown on Wednesday, February 8 at 1:30 p.m.

Celebrate Black History Month

In celebration of Black History Month, Karen McKie will tell African American stories with the aid of her dolls on Wednesday, February 8 at 7:30 p.m. On Valentine's Day, February 14, we will have card making crafts all day--come and join the fun.

New Magazines

The Bernal Branch is now subscribing to a variety of new periodicals for adults and children, including The Wall Street Journal, The Examiner, Chronicle and American Poetry Review.

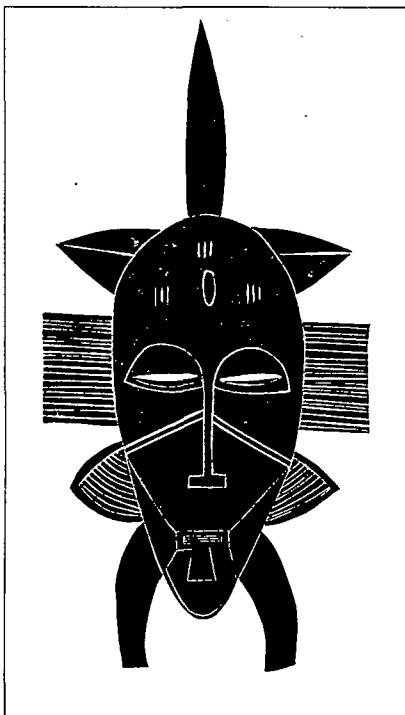
Thank you to the Kagawa Family

The Bernal Library would like to thank the Kagawa Family. Last summer Kathryn Kagawa passed away. Kathryn was a dedicated Bernal Library patron. In memory of Kathryn Kagawa, the Kagawa Family donated \$500 to the Bernal Branch for library material to be shared with her community.

The staff at the Bernal Heights Library would like to thank you for supporting your library. Our hours are:

Monday: Closed
Tuesday: 10:00-12:00, 1:00-6:00, Wednesday: 1:00-9:00
Thursday, Friday & Saturday: 1:00-6:00

For more information, visit the Bernal Heights Library, 500 Cortland Avenue or call 695-5160.



San Francisco's Public Libraries will host a variety of programs celebrating Black History Month during February. Branches throughout the neighborhood will feature poets, storytellers, singers, dancers and more. Call 557-4277 for more information.

Cesar Chavez St. From page 1...

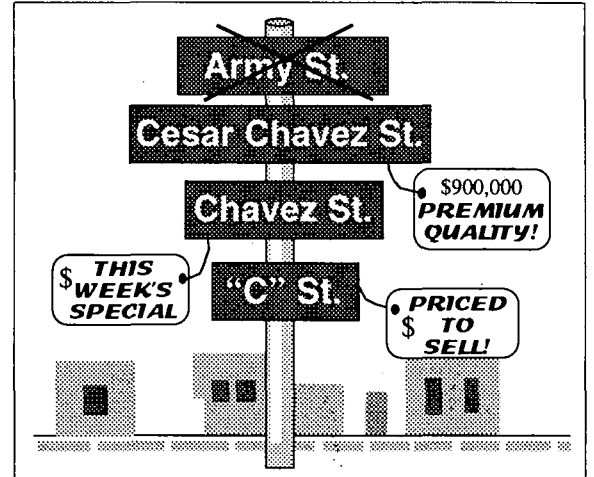
and work of Cesar Chavez," said Supervisor Susan Leal. "He was an effective advocate of non-violence, significant given the violent times we live in. He was also a great leader—achieving dignity and rights for working people, especially within the Latino community."

"Despite the passage of Proposition 187, San Francisco is giving deserved recognition to one of America's greatest leaders; someone who fought for the rights of immigrants and others without a voice in our society," said Leal.

Leal said that when she originally proposed her resolution to rename Army Street, the City's Budget Analyst estimated a cost of \$23,908. At that time, it was assumed that Caltrans would cover the cost of the

freeway signage through routine maintenance as they had done in the case of Martin Luther King, Jr. Way in the East Bay.

Other low-cost alternatives recommended by Leal included affixing



The high cost of honoring Cesar Chavez.

strips" to reflect the street name, in order to avoid having new signs made or replacing entire sign structures.

At this time Caltrans has not offered any revised cost estimates for the proposed alternatives. Supervisor Leal will continue to work with representatives and other concerned agencies to dramatically reduce the estimated cost of renaming Army Street to honor Cesar Chavez.

Support the Bernal Library

If we don't decide the Bernal Library's future, someone else will! Bernal residents are urged to come to the Library Commission meeting on February 7, which will be held at 5:30 p.m. this month at the Excelsior Branch Library, 4400

Mission Street. Your participation matters and counts.

Keep an eye out for the new Advisory Board that is being formed for our Bernal Branch. The Board will be drawn from adult users, parents whose children are active users and teenagers-users and non-users. Your participation is needed! If you can't be on the board, there are other ways you can help. Sign up at the Bernal Library. For more information, call Marti Kashuba with the Ad Hoc Library Committee at 826-0461.

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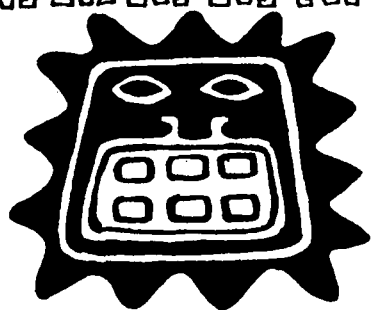
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Bernal Calendar

Library Commission Meeting

Tuesday, February 7, 5:30 pm. The San Francisco Library Commission will hold its monthly meeting at the Excelsior Branch Library located at 4400 Mission Street. Attend to encourage commissioners to speed up implementation of the plan (Prop. E) to increase hours and staff at our local branch libraries. For more info call 337-4735 or Bernal resident Ellen Egbert, 824-8925.

Valentine's Dance - Baile y Cena

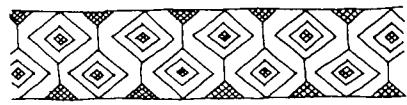
Saturday, February 11, 7:00 p.m. - 1:00 a.m. A delicious dinner and festive dance will be held in celebration of Valentine's Day. Dance to the hot Latin sounds of "Caribe." \$17.00 tickets include dinner and dancing. St. Kevin's Hall, Ellsworth Street at Cortland Avenue. Call 648-5751.

Mural Walks

Saturdays, February 11, 18 & 25, 1:30 p.m. If you are interested in learning more about colorful mural art traditions, Precita Eyes Mural Arts Center offers a mural walk every Saturday afternoon. Learn about mural history and view over 60 murals in an eight-block walk. Call 285-2287.

Bernal Demo Club

Thursday, February 16, 7:00 pm. Supervisors Bierman and Tang will meet with the Bernal Demo Club. Come and meet with newly elected and other supervisors to discuss their plans for 1995 and Bernal issues. This is Bernal's opportunity to hold supervisors accountable for campaign promises and present issues important to Bernal. Other Supervisors have been invited. 45 Ellert St. at Bennington (home of Mauricio Vela). For more info, please call club President Linda Weiner, 282-8871.



Soul Food Dinner

Friday, February 24, 6:00 - 9:00 p.m. Tickets: \$10/Adults, \$6/senior or youth. Don't miss this annual celebration of Black History Month. A homestyle dinner of barbecue chicken, beans, rice, cornbread and sweet potato pie will be served. Local talent will perform song, poetry and other entertainment. Bernal Heights Neighborhood Center, 515 Cortland Avenue. Call 206-2145.

Project Open Hand's Bernal Orientation/Pot-luck

Sunday, February 26, 4:00-6:00 p.m. The Bernal Heights Neighborhood Center, St. Anthony's Church, and St. Kevin's Church will be hosting an orientation for prospective Bernal volunteers to deliver Project Open Hand's daily meals to people who are HIV positive and have AIDS. Volunteers can sign up to deliver either once a month or once a week. Your help is truly needed. Help avoid the discontinuation of meal delivery in Bernal. Volunteer forms available at any of these three organizations. Orientation: Bernal Heights Neighborhood Center, 515 Cortland Avenue. For more information call St. Anthony's Church, 647-2704.

Community Congress

Saturday, March 11, 9:00 - 2:00 p.m. All Bernal Heights neighbors and merchants are encouraged to attend this annual meeting to discuss and select the top issues of concerns for our community. Lunch and childcare will be provided. Bernal Heights Neighborhood Center, 515 Cortland Avenue. Call 206-2140.

Neighborhood groups, schools, churches and clubs are invited to send in their announcements for upcoming meetings and events for the Bernal Calendar. The submission deadline for the April/May '95 issue is March 17th. Calendar items are printed as space permits.

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Dining Card benefits those in need

The St. Vincent de Paul Society of San Francisco is offering the Gourmet Dining Club, which is accepted in over 200 local restaurants. Proceeds from the card supports the Society's work with the homeless and other victims of abuse and neglect in San Francisco.

Annual membership for the card is \$35, with \$30 of this fee going directly to St. Vincent's. The card entitles its holder to receive a 20 percent discount off their entire dining bill at over 200 restaurants. In addition, the Gourmet Dining Club also offers 20-50 percent discounts at selected hotels and inns.

To help less fortunate members of our city by purchasing the Gourmet Dining Club card, contact the St. Vincent de Paul Society, (415) 379-7812.

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"anything else would be just wood and nails"

JC SUPER

820 CORTLAND AVENUE, S.F.

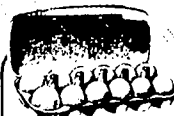
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We welcome
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New Store Hours!

Open 7 Days a Week, 7:00 am - 9:00 pm
Groceries: 648-4656, Meat Department: 648-4657



GROCERIES

FRONTIER TOILET TISSUE 4 PK, 2 PLY 79¢	PURINA CAT FOOD ALL FLAVORS, 5.5 OZ. 4/\$1.00	MARIETTA'S COOKIES LEMON, PEANUT BUTTER, VANILLA CREAM 32 OZ. PACKAGES \$1.69
DEL MONTE PEAR HALVES OR SLICED PEACHES LITE OR REGULAR, 16oz 99¢	GAMESA MARIA'S COOKIES 5.5 OZ PACKAGE 3/\$1.00	BERKELEY FARMS ICE CREAM HALF GALLON \$2.39 REGULAR \$2.79 LITE CHOCOLATE MILK QUART 99¢ PINT 59¢ BUTTER 1# CUBE \$1.19
OLSON EGGS 18 PACK, LARGE \$1.49	HAPPY HARVEST TOMATO SAUCE 8 OZ. CAN 5/\$1.00	COBB MOUNTAIN SPRING WATER NATURAL, 1.5 LITER 69¢
PROJECT PAPER TOWELS 3 PACK \$1.79	PACIFIC GATEWAY LONG GRAIN RICE 20 LBS \$6.99	SUNKIST JUICE COCKTAIL 64 OZ. ASSORTED \$2.59
CALROSE RICE MEDIUM GRAIN EXTRA FANCY, 20 LBS. \$6.99	GOLDEN GRAIN SPAGHETTI 2 LBS. \$1.69	TREASURE ISLAND PINEAPPLE CRUSHED OR CHUNK 20 OZ. 69¢
PINESOL DISINFECTANT CLEANER 28 OZ. \$2.49	MR. COFFEE FILTERS 100 COUNT 99¢	SUNNY FARM APPLE JUICE 48 OZ. \$1.09

FRESH PRODUCE

TOMATOES	69¢/LB
POTATOES 10# BAG	\$1.19¢ each
ORANGES	4LB/\$1.00
ONIONS DRY YELLOW	4LB/\$1.00
APPLES RED DELICIOUS	49¢/LB
LETTUCE	49¢ EACH



MEATS

WHOLE FRYERS	\$.79/
WHOLE LEGS FAMILY PACK	\$.99/LB
GROUND CHUCK	
FAMILY PACK	\$1.29/LB
PRIME RIB STEAK	\$5.29/LB
MARKET STEAK	\$4.99/LB
CROSS RIB ROAST	\$2.49/LB
PORK SAUSAGE-OUR OWN	\$1.79/LB
SLICED BEEF LIVER	\$.99/LB
J.C. BACON	\$1.89/LB
MEXICAN CHORIZO -OUR OWN	\$2.99/LB
PORK LOIN - CENTER CUT	\$2.29/LB
PORK BUTTS - \$.99/LB	BONELESS \$1.19/LB
PORK STEAKS - \$1.29/LB	BONELESS \$1.49/LB
PORK NECK BONES	49¢/LB
PIGS FEET	49¢/LB



LIQUOR

KORBEL BRANDY 750 ML	\$6.99
ROYAL GATE VODKA LITER	\$6.29
BRUGAL DOMINICAN RUM , 750 ML	\$9.99
OLD CROW BOURBON LITER	\$8.99
RANAL NAPOLEAN FRENCH RUM, LT.	\$12.99
JIM BEAM BOURBON LITER	\$9.99
CARDENAL MENDOZA BRANDY 750 ML	\$29.89
WHITE HORSE	
SCOTCH LITER	\$9.98

WINE

ALMADEN WINES 1.5 LT.	\$4.99
INGLENOOK	
PREMIUM BURGUNDY OR CHABILS, 1.5 LT.	\$4.99
FETZER PREMIUM RED OR WHITE, 1.5 LT.	\$6.99
SUTTER HOME WINES 750 ML.	\$4.99
BEL ARBORS WINE 750 ML.	\$4.39

BEER

DOS EQUIS BEER	\$5.99
12 OZ BOTTLES, 6 PK	+CRV
HEINNEKEN BEER	\$5.99
12 OZ BOTTLES, 6 PK	+CRV



PRICES MAY VARY AFTER 2/12/95
MANY MORE SPECIALS THROUGHOUT STORE!

WE ARE NOT RESPONSIBLE FOR PRINTING ERRORS

